

TRIP PLANNER

FOR HEALTH AND MEDICAL TRAVEL
USING PUBLIC TRANSPORT FROM
BATHURST



TRAVEL OPTIONS FOR SYDNEY, ORANGE & LITHGOW HEALTH SERVICES

Developed by Bathurst Health Council
in collaboration with
Bathurst Community Transport

*Services and contact information are subject
to change after publication.

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HELPFUL PHONE NUMBERS, APPS, WEBSITES & PAMPHLETS

Transport Information 131 500, 7 days a week
NSW TrainLink - Regional
Bathurst Station M-F 6334 8600 or 132 232
7 days per week to book regional travel west
of Lithgow.
Sydney Trains 131 500
Opal Customer Care: 136 725 (13 opal)

PLAN YOUR TRIP - use websites below or
call 131 500

Planning your trip online Bathurst/Sydney

Web: www.transportnsw.info

Web: www.austwidecoaches.com.au

Planning your trip online to Orange

Web: www.buslines.com.au

APPS FOR IPHONE AND ANDROID

'Arrivo Sydney', 'TripView' and 'Transit Times'
all of which can be downloaded from Google
Play Store.

PAMPHLETS Brochures about concession
fares, the Opal Card and the Opal Gold
Seniors Card available at the Bathurst Railway
Station, Service NSW and Coles Bathurst.

Taxi 131 008 **Bathurst Buslines** 6331 2744
www.buslinesgroup.com.au/bathurst

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HOW TO PAY YOUR FARE WITH TRANSPORT FOR NSW

Step 1. Passengers **travelling East** of Bathurst
need to 'tap on' with an Opal Card or a Gold
Opal Senior Pensioner Card with pre-loaded
credit. This needs to be applied for in advance at
www.opal.com.au or by calling 13 67 25 or paper
postal application form found in 'The New
Pensioner Ticket' brochure.

*NB: Opal Cards cannot be purchased at railway
station.*

The Opal card can be used for trains, buses,
ferries and light rail on the Opal network (mostly
East of Bathurst at present).

Assistance to apply for an Opal Card is available
at Service NSW or calling 13 67 25.

Passengers **travelling West** will need to purchase
a Pensioner Excursion fare or an Excursion fare
from the railway station.

Step 2. Any travel West of Lithgow must be pre-
booked by contacting NSW Trainlink 13 22 32 or
station.

Note: make sure you have credit on your Opal
Card. Top-ups available at www.opal.com.au or
13 67 25 or Bathurst NSW Service Centre, Coles
Bathurst and 7 Up Kelso.

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TRANSPORT BATHURST TO ORANGE AND RETURN

NSW TrainLink: bookings required by phone,
online or at Station. Buses from Bathurst and
Orange Railway Stations and XPT Train.

Phone: 02 6334 8600 or 13 22 32

Web: www.nswtrainlink.info

Orange Buslines: direct service from Bathurst
(Route 530) to Orange CBD (Canobolas Hotel)
& Orange Hospital return M- F via Blayney &
Milthorpe. Departs Acropole (Interchange) to
Hospital main entrance.

Phone: 6362 3197

Web: www.buslinesgroup.com.au/orange

Australia Wide Coaches: bookings required
via phone or online Orange to Sydney Central
and Airports return daily.

Phone: 02 6362 7963

Web: www.austwidecoaches.com.au

See page 3 for contact nos and websites.

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ORANGE CBD TO ORANGE HOSPITAL AND CSU ORAL DENTAL HEALTH CLINIC

Orange Hospital is a 3.1 km distance from
the CBD and Orange Railway Station. Orange
Buslines on no 537 leaves from the station via
CBD (Metro Plaza) and Hospital Mon - Sat (no
Sunday). Timetables on web site or phone **CSU
Oral Dental Health Clinic.** Orange Buslines
538 from CBD to CSU campus - see p.5 phone
no or web site for timetable details.

Phone: 6362 3197

Web: www.buslinesgroup.com.au/orange

BATHURST TO LITHGOW AND RETURN

NSW TrainLink (see p.3) booking required
for NSW TrainLink buses (arrival & depart at
Bathurst & Lithgow Railway Stations).

Lithgow Buslines travel M-F from Lithgow to
Bathurst and return. At Bathurst (picks up at
both Acropole and Bathurst Station). Lithgow
Station return Route 600 & 636 M-F and Sat.

Lithgow Station to Lithgow Hospital

Lithgow Buslines Route 200 (Mon - Sat) (from
shopping centre side of station).

Phone: 02 6352 3888 or timetables on web
site: www.buslinesgroup.com.au/lithgow.

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BATHURST TO SYDNEY AND RETURN

NSW TrainLink: All seats on Regional Train and
coach services must be **pre-booked** to ensure you
can travel on your preferred date. Departs Bathurst
and Lithgow daily. Bus to Lithgow and train through
to Sydney, return train from Sydney, bus from
Lithgow. **On day of travel use Opal Card to pay
fare,** tapping on and off at beginning and end of
travel (except for XPT and Explorer)

Phone: 02 6334 8600 or 13 22 32

XPT travels Sydney to Bathurst and returns daily,
bookings essential A direct service, no buses.

Explorer (Train): Sydney to Bathurst Mondays and
Bathurst to Sydney Tuesdays - **bookings essential**

Bathurst Bullet (Sydney Trains): no bookings
required, tap on using Opal Card at Bathurst. A direct
service, no buses. Bathurst to Sydney and return daily.

Phone: 02 6334 8600

Web: www.nswtrainlink.info

Australia Wide Coaches: Daily return service to
Central and Mascot Airports daily - **bookings
essential.** Phone 6362 7963 or see website page 3.

Regional Express Airlines: www.rex.com.au
or 13 17 13.

Note: PET tickets no longer sold. Previously
purchased tickets from 2015 can still be used in 2016.

**PLEASE SEE OVER PAGE FOR MORE
DETAILED INFORMATION**

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HELP WITH USING PUBLIC TRANSPORT

There are two main types of support services for those
unable, or needing help, to access public transport:

1. Transport Services, 2. Vouchers and subsidies.

Information, advice and application to access the above
transport services can be sought via the Australian
Government funded, Dept of Social Services, 'My
Aged Care' by phoning their contact centre on **1800
200 422** (M-F 8am - 8pm & Sat 10am - 2pm) or [www.
myagedcare.gov.au/](http://www.myagedcare.gov.au/)

1. Bathurst Community Transport (BCT) provides
transport to people who can no longer manage using
public transport or who live in areas where there
is no public transport. BCT provides transport for
persons who are frail, aged, have a disability & their
carers and those who are transport disadvantaged.
Contact My Aged Care or **BCT 02 6331 3322** or **Email:
coordinator@bctg.com.au** or **web** www.bctg.com.au

2. The Taxi Transport Subsidy Scheme (TTSS)
provides half fare subsidy for those who meet medical
criteria. Information via My Aged Care or phone **131 500**
or www.transport.nsw.gov.au/customers/taxis/ttss

**2. IPTAAS - Isolated Patients Travel & Accommodation
Scheme** phone: **1800 362 253 (1800 ENABLE)** [www.
enable.health.nsw.gov.au/home/iptaas](http://www.enable.health.nsw.gov.au/home/iptaas)

1. Sisters of Charity Outreach (Country Care Link)
Sydney accommodation assistance & transport to &
from Central, Strathfield or Sydney Airport to health
facility/accommodation 7 days.

Pre-book 48 hours in advance essential. Phone: **1800
806 160 or 02 8382 6434** M-F 9.30am-3pm.

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PENRITH/NEPEAN HOSPITAL

Short walk from Kingswood Station.

From Penrith or Kingswood Station Westbus 774, 775, 776 & 789.

Internal shuttle service at hospital M-F 8am-4pm.

Phone: (02) 4734 2000

Web: www.nbmlhd.health.nsw.gov.au/Nepean-Hospital

PARRAMATTA/WESTMEAD HOSPITALS /CHILDREN'S HOSPITAL WESTMEAD

Walk 250 metres from Westmead Station.

Bus from Parramatta Station 5 minute trip via T-Way T61 & T66 (Stand B4) (some wheelchair accessible).

Internal 'courtesy cart'. M-F 8am-4pm. Cart station at the main entrance.

Phone: (02) 9845 5555

Web: www.wslhd.health.nsw.gov.au/Westmead-hospital

LIVERPOOL/LIVERPOOL HOSPITAL

5-10 min walk from Liverpool Station.

Various buses from Liverpool Station.

Free 'Liverpool Shuttle' Bus (no 999) via CBD & hospital M-F 9am-2.30pm, S-S 9am-5.45pm. Runs every 20 mins.

Internal 'courtesy cart' M-F 8.30am-2.30pm.

Phone: (02) 8738 3000

Web: www.swslhd.nsw.gov.au/liverpool

STRATHFIELD/CONCORD HOSPITAL

Bus from Strathfield Station - Everton Road Stand D - north side Route 458.

Internal Shuttle (including mental health unit on request). M, Tu, F 8.30am-2.30pm. W, Th 8.30am-1pm. Picks up at Main Hospital Car Park across Hospital Road from Gate 3.

Phone: 0477 388 717 direct to shuttle service or (02) 9767 6991 (Hospital).

Web: www.slhd.nsw.gov.au/Concord/pdf/CRGH_Map_how.pdf

KOGARAH/ST GEORGE HOSPITAL

500 metres from Kogarah station.

Various public buses from station.

Kogarah Shuttle 430 bus from station via CBD & hospital (including Calvary) M-F 9am-2.30pm & S-S 9am-5.30pm (every 30mins S-S). For timetable ph: Info 131 500.

Phone: (02) 9113 1111

Web: www.seslhd.health.nsw.gov.au/sgh

NEWTOWN/ROYAL PRINCE ALFRED HOSPITAL/CHRIS O'BRIEN LIFEHOUSE

Free shuttle service from Central Station (at exit country platforms) to Chris O'Brien Lifehouse (next to RPA). M-F 8.30am-4.00pm hourly on the half hour from Central Station and on the hour from CO'B Lifehouse.

Phone: 02 8514 0558 **Web:** www.mylifehouse.org.au/Contact_LifeHouse/How_To_Get_Here/

Various buses from Railway Square (access from country platforms, Central Station) e.g. 412 drops front door of RPAH or bus to Newtown, Missenden Rd or walk from Newtown Station. Info from help kiosk staff at the bus interchange, centre of Railway Square.

Royal Prince Alfred Hospital

Phone: 9515 6111 **Web:** www.sswahs.nsw.gov.au

RANDWICK/PRINCE OF WALES/SYDNEY CHILDREN'S HOSPITAL/ ROYAL HOSPITAL FOR WOMEN

Several buses from Central Railway Station, mostly from Eddy Avenue. Set down at either Barker or High Street entrances to hospital. Refer to hospital web site for timetable details.

Phone: (02) 9382 2222

Web: www.seslhd.health.nsw.gov.au/POWH/

ST LEONARDS/ROYAL NORTH SHORE HOSPITAL

(10 mins walk from St Leonards Station)

'The Artarmon Loop' free shuttle service M-F 6am-7pm every 7-15 mins peak hr, every 30mins off peak from Herbert Street, across from St Leonard's Station Enquiries - Willoughby Council.

Phone Council: (02) 9777 1000

Phone Hospital: (02) 9926 7111

Web: www.willoughby.nsw.gov.au/Community/Traffic---Transport/Artarmon-Loop/

Web: www.nslhd.health.nsw.gov.au/Hospitals/RNSH

DARLINGHURST/ST VINCENT'S HOSPITAL

15 minute walk from Kings Cross Station.

Bus routes 378 & 311 Railway Square

Free 'Purple' shuttle 'village to village' service (South East Syd Community Bus on side of bus) Thurs & Fri at Chalmers St next to Dental Hospital.

Phone shuttle service: (02) 9319 4439

Phone Hospital: (02) 8382 1111

Web: www.stvincents.com.au

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