Welcome to the 15th Information Bulletin about the Mental Health, Drug & Alcohol (MHDA) Services Transformation project. This will be the last Information Bulletin for 2014. The Implementation Steering Committee wishes you all a happy festive season!

We are currently working on the planning necessary to identify the detail of the future service mix and the range of community services required to best meet the District’s population needs and align with contemporary practice. To do this, the Implementation Steering Committee identified seven key projects, each with a project lead and project reference group. The project leads come together with Meg Simpson, the Project Manager, to form the Services Transformation Project Team.

This information Bulletin focuses on: Project 3 - Adult / Older Adult Community Mental Health Team Service Design.
This completes the specific focus on each of our seven projects.

Project Reference Group 3
- Project lead - Ian Rawson, District Clinical Coordinator, Specialist Mental Health Services for Older People (SMHSOP)
- Amanda Brooke, SMHSOP CNS Cowra
- Trevor Clark, A/District Manager Community MHDA
- Eamonn Corvan, Manager Community MHDA Mudgee
- Derek Ferrie, Senior Manager Community MHDA Bathurst
- Dr Rodney Juratowitch, Psychiatrist MHEC-RAP
- Rebecca Leman, A/NUM Community Mental Health Dubbo
- Claire Lynch, OT/DT Manager, Bloomfield
- Peter Warren, Clinical Psychologist Bloomfield
- Anne Worrad, Senior OT MH-ROS

This project relates specifically to recommendations 2 and 4 of the MHDA review:
*It is recommended that the LHD*
- Enhances and strengthens the current hub and spoke approach as its model for the delivery of community services, in order to ensure an equitable spread of services across the district.
- Revises its community mental health team structure and composition across the district with the aim of increasing access to:
  - evidence-based approaches,
  - multidisciplinary input,
  - peer support, and
  - telemedicine support for all types of clients, not just those who are acutely unwell.

Due to the breadth of these recommendations, the project is divided up into four distinct workstreams, each with their own project plan, as follows:

*continued page 2*
Workstream A: Geographical Spread of Services / Hub and Spoke Model
The purpose of this sub-project is to make recommendations regarding the range, volume and spread of adult / older adult community mental health services required across WNSW over the next 2-5 years, within a contemporary model of care. This includes further developing the Hub and Spoke model of the Mental Health Rural Outreach Service (MHROS).

Workstream B: Development of a Multidisciplinary Team Approach
This sub-project is to make recommendations regarding a model of multi-disciplinary team functioning for community mental health teams across Western NSW over the next 2-5 years. This includes making recommendations on the core functions to be delivered in a community mental health team, and recommendations on which professional groups will make-up a community mental health team in both larger and smaller centres.

Workstream C: Development of Evidence Informed Specialist Functions
This sub-project will develop recommendations around the range, volume and spread of specialised community mental health service models required in our District over the next 2-5 years, specifically focusing on models relating to early psychosis intervention, services for people with severe personality disorders, services for pregnant and post-partum women who are experiencing a moderate to severe mental health issue, and services for people with intellectual disability and mental health conditions.

Workstream D: Development of Peer Support Specialist Roles
The purpose of this final sub-project is to develop recommendations on the creation of a peer support model and development of peer support specialist roles for community mental health services across Western NSW over the next 2-5 years.

We welcome your input through the Mental Health, Drug & Alcohol Review email address: WNSWLHD-MHReview@health.nsw.gov.au

Or by contacting Meg Simpson, the Mental Health, Drug & Alcohol Review Project Manager: Meg.Simpson@health.nsw.gov.au

More Information
Click here for Frequently Asked Questions regarding the purpose and key findings of the Review. Further feedback and questions can be emailed to WNSWLHD-MHReview@health.nsw.gov.au. These emails will be answered on a regular basis.
You can also view the “Rising to the Challenge: Mental Health Services Review video presentation by clicking here (https://www.youtube.com/watch?v=3gmJoKZnBYM).