

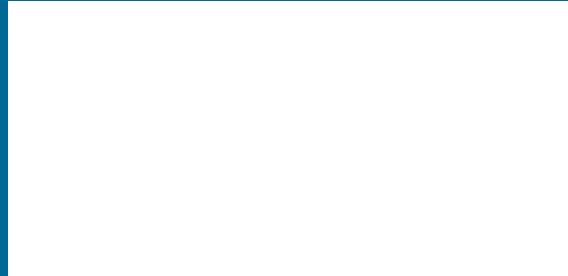
Rights when contacting the service

- You have the right to be treated with respect and sensitivity
- The right to privacy
- The right to confidentiality
- The right to be believed
- The right to be safe
- The right to bring a support person like a friend or family member
- The right to complain

If you have been recently assaulted or are in crisis you can contact a 24hr service through Bathurst, Orange, Dubbo and Broken Hill Hospitals. They will contact a trained counsellor.

Bathurst Hospital: **02 6330 5311**
Bourke Hospital **02 6870 8888**
Dubbo Hospital: **02 6809 6809**
Orange Hospital: **02 6369 3000**

For Counselling and Information you can contact a Sexual Assault Counsellor at:



If you live outside these areas, please contact your nearest Health Service and ask to arrange an appointment with a Sexual Assault Counsellor.

This service is available to males, females and non-offending family members of those affected by the sexual assault.

To ensure the safety and wellbeing of children and young people NSW Health employees have the responsibility to report children at risk of harm to the Department of Community Services.



Health
Western NSW
Local Health District



Child Sexual Assault

This service provides support, counselling and information to children, young people and non-offending carers.

This service provides a 24hr crisis service and ongoing counselling.

The aim of counselling is to assist children, young people and families to challenge the effects of sexual abuse.

This service is available to males and females.

This service is free and confidential.

The aim for this service is to provide a safe environment for children to talk about the effects of sexual assault.

- The child/young person is never to blame
- Sexual assault is a serious crime
- Sexual assault includes any action in which someone is forced, tricked or threatened into sexual acts
- Sexual assault includes someone touching your genitals or breasts or asks you to touch their genitals
- Sexual assault includes someone wanting to look at you undressed and/or expose their genitals

The service can provide:

- Counselling for children, young people and carers
- Support for non-offending family members
- Group work for children, young people and carers
- Community education
- Consultation with agencies and the community regarding dynamics of sexual assault
- Information regarding child sexual assault issues, effects, common responses and recovery process
- Court preparation and court support.
- Facilitation and access to appropriate health care

Counselling includes play, art and activities as well as talking. Children who have used the service have said that talking to someone has been helpful. Some of the things children have learnt in counselling:

"It was not my fault"

"There is nothing wrong with me"

"Sexual assault is wrong and I'm not to blame"

"Sexual assault happens to other kids"

"Its ok to talk about it"

"I have been brave to tell someone"

"I feel better and stronger talking about it"